



The Whole Tooth

from Behind the **Big Red Door**...

wrexhamdentist.co.uk

AUGUST 2024



Greener
Primary
Care Wales

**AWARD
2022**



WE'RE IN THE **FINAL**

We are still on cloud 9 after the news that we have qualified as **DOUBLE FINALISTS** for the **Dentistry Awards 2024**, which is our version of the Olympics. We have been nominated by an esteemed panel of industry professionals as one of the **Best in Patient Care practices** and **Team of the Year**. We are the only practice from North Wales to achieve this accolade, so are enormously proud that our dedication to our patients and to each other has been recognised on such a big stage.



Exercise oral care

If you've been inspired by the Olympics this Summer and are planning to up your sporting game, you may be surprised to learn that athletes need to take extra care of their teeth as performing at an elite level takes it toll:

Energy drinks absorb carbohydrates quickly to maintain energy levels but are packed with sugar and acid which destroy enamel and erode teeth.

Saliva forms the first line of defense by getting rid of bacteria. Dry, dehydrated mouths during exercise allow germs to thrive and plaque to build.

The Olympic Committee recognised how much dental issues can affect performance and for the first time they set up an Oral Health Department in the Olympic village in Paris 2024.



NEW!

Repayment Plans

Investing in your smile is an important decision and we want to help wherever we can so we have extended our range of finance options allowing you to choose an affordable plan that suits your lifestyle and your budget.

We now offer both interest-free and interest-bearing finance options for any private dental treatment over £350 with repayment terms ranging from 6 months to 4 years. More details can be seen [here](#).

In the Spotlight

We handed the baton for you to shine In the Spotlight and invited some of our patients to share their experience of Ruabon Road on camera. **Martin Howlett MBE** has been a patient for over 30 years and says

"The nice thing about Ruabon Road is that you know the people that treat you and are on first name terms with them which puts you at ease straight away. You get to know them as individuals and they get to know you as a person and we have built a trusting relationship which I think is really important".

Watch Martin's full video here



WINNING Smiles



Our dental team had a busy summer carrying out pre-season oral screening for the Wrexham AFC players to ensure they are dentally fit to play at their best level as they start the next chapter of their incredible journey in League One of the EFL.



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